

RUN	LOCATIONS	TIMES	
1	Heartland Kings Park, Carlingford, North Rocks, Pennant Hills, Hornsby, Brookvale, Artarmon, Nth Ryde, Meadowbank, Lane Cove, Chatswood Five Dock, Burwood, Croydon Parks, Marrickville, Arncliffe, Leichhardt, Alexandria, Rosebery, Botany,	9.30am	1.00pm
2	Matraville, Maroubra, Bondi, Strathfield	9.00am	1.00pm
3	Heartland Blacktown, Prospect, Smithfield, Wetherill Park, Merrylands, Guildford, Yennora, Sefton, Birrong, Regents Park, Villawood, Cabramatta, Fairfield, Bonnyrigg	9.30am	1.30pm
4	Glendenning, Mt Druitt, St Marys, Penrith, Quakers Hill, Kingswood, Heartland Penrith, Emu Plains, Easter Creek, Arndell Park Castle Hill, Dural, Kenthurst, Glenorie, Rouse Hill, Mulgrave, Windsor, Richmond, Londonderry, Windsor Downs, Berkshire Park, Marsden Park, Quakers Hill	9.30am	1.30pm
6	(North Richmond and Richmond and Wilberforce only on the 9.30am Delivery) Seven Hills, Girraween, Toongabbie, Pendle Hill, Wentworthville, Lalor Park, Parramatta, Silverwater, Rydalmere, Auburn,	9.00am	1.00pm
7	Homebush, Granville, Greenacre, Chullora Peninsula, Bankstown, Belmore, Peakhurst, Rockdale, Kogarah, Taren point, Sutherland, Bass Hill, Yagoona, Lakemba,	9.30am	1.30pm
9	Roselands, Punchbowl Campbelltown, Camden, Ingleburn, Moorebank, Macquarie Fields, Prestons, Liverpool, Leppington	9.00am	1.00pm
10	(Wollongong and Heathcote only on the 9.30am Delivery)	9.30am	1.00pm
Direct Freight Express (DFE)	COURIER DAILY COLLECTION TIME		1.00pm

Metro deliveries: Order cut off time is 15 minutes before the run leaves.
All other areas: Direct FREIGHT EXPRESS (DFE) order cut off time is 12:30.